Speech/Language Home Activity Menus



Speech/Language Activity Menu - Elementary

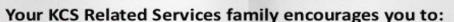
Take a nature walk outside. Tell 3 things about what you see and use your very best speech!	Go on a sound hunt! Read or listen to a book and find words that have your target sound. Practice them!	If you could have any snack in the whole world, what would it be? Describe it, draw it, & make it if you can!	Talk about somewhere you would like to visit. Be sure to use your good sounds!	Make lemonade or Kool-aid with an adult. Tell someone what all the steps were in order.
Sort groceries based on where they go - fridge, freezer, pantry	Describe an ice cream cone (color, parts, function, etc.) then eat!	Make a hand puppet out of an old sock or paper bag. Use your puppet to tell about your favorite tv show, movie, or book.	Go to this link and watch a video! https://peachiespeechie.co m/pages/peachie-speechi e-videos	Go outside and find a a few flowers or plants you like. Describe each one using three descriptive words! (color, shape, texture, length, smell, etc.)
Tell someone about your favorite movie!	How are a watch and a clock the same? How are they different?	Find, name, describe, and compare 2 bugs you see outside. Which bug is your favorite? Why?	Name as many objects as you can that have wheels.	Make a kite using sticks, plastic bag or paper and string. Decorate your kite and describe it to a parent. Can you fly your kite? How high will it go?
At lunch today, build your favorite sandwich. Tell someone how to make one just like it.	Have your child take a stuffed animal along with them for the day. Discuss what adventures they both had. Great way to work on past tense verbs and pronouns.	Gather sticks, leaves, flowers, etc. Make a collage using these. Use your good speech to describe your picture.	Draw Your Sound Challenge! Think of 10 words that have your target sound in them and draw them on paper/ using sidewalk chalk/ dry erase board, etc.	Go on a treasure hunt! Take turns hiding objects around the house. Use descriptive vocabulary, location concepts, and giving/following directions.

Speech/Language Activity Menu - Middle/High

Watch a 5 to 10 minute Ted Talk video (parent approved). Write a 2 to 3 sentence summary of the video.	Think about a movie you have seen recently. Tell 1 thing you would have changed in the movie and why.	Read a short story or magazine article. Tell a parent/friend 2 details from the story or article.	Research a career you may be interested in. Write 2 to 3 sentences about the career and share with a parent/friend.	Find an unknown vocabulary word while reading and look up the definition, find a synonym, and find the antonym.
Call or video chat with a family member or peer and focus on maintaining topic during conversation.	Discuss the daily weather report and plan clothing items according to the forecast.	Using grocery ads, plan a snack or meal and describe the items. Total the item prices.	Go on a virtual field trip to a museum, theme park, or zoo. Write 2-3 sentences about your experiences.	Play UNO or Go Fish with a friend or family member. Use appropriate grammar while playing.
Help family members plan the weekly menu and make a grocery list. Discuss and describe needed items.	Take pictures of your favorite things in Knoxville and make a scrapbook. Share your book with a peer or adult.	Research your favorite athlete or sports team. Write 2-3 sentences about it.	Write a story about your school mascot.	Use your past tense verbs, keep a diary and write down 5-6 things you did each day.
Listen to a podcast (6 minute podcast is a great one!) and tell someone about a character/event that took place.	Plant flowers or herbs and discuss tools needed. Tell how the plants change throughout the summer.	Review a book you read in ELA last year. Create your own graphic novel to go along with it.	Make an art or craft you find on Pinterest, then explain to a friend how you did it. Teach your friend how to do it.	Tell your friend or parent about a movie or TV show you have seen, use past tense verbs and recall 5-6 details from what you saw.

Social Skills Activity Menu

When asked to do something you don't want to do, take a deep breath and say 'ok' or 'sure'.	"Adopt a grandparent" at a nursing home and videochat regularly.	Encourage drawing how you feel and then telling about your drawing.	With your family around the table take turns giving compliments to each member.	Show some kindness by giving someone a high five, compliment, or helping out.
Practice introducing yourself and saying 3 things about yourself to a line up of stuffed animals or toy figurines.	Discuss why brushing teeth and bathing (good hygiene) are important when around friends.	Practice decision making by asking "Would you rather" questions with 2 options or more.	Say "please", "thank you", Yes Mam /sir", and "no mam/sir" for the whole day	Develop a secret hand shake with a family member or friend.
Write letters of gratitude to community helpers.	Have a staring contest to work on making and sustaining good eye contact.	Discuss Idioms and what their alternative meanings are, such as "That's a piece of cake". Check out idiomsite.com	Play Simon Says with emotion words and facial expressions.	Learn to make a business call. Practice ordering a pizza with a parent. Then try it out for real by calling a local pizza place.
Play "emotion charades": figure out how I am feeling based on what my face looks like.	Practice self control by allowing the popping of bubbles or sitting still and watching where they blow away.	Make up a story on a given topic. Add a sentence at a time, alternating turns, to develop a story.	Teach empathy: Ask how someone might feel if given scenarios happen: dropped their lunch tray, fell and tripped in front of a crowd, forgot their backpack or homework, etc.	Conversation basketbal! Player 1 says a comment & tosses conversation by asking a question. Player 2 answers the question, "dribbles" by adding a few comments & passes conversation back with a different question.



- Read, read, read!
- Write a letter to a loved one living away
- Cook something together following directions and encouraging independence
- Take a walk in nature and describe what you see
- Play a board game
- Look through family pictures and share stories
- Build something with legos, blocks, boxes, pillows, or cups
- Go outside and play!

These are all wonderful, natural ways to build speech and language, motor, listening and social skills. What a special gift of time to make connections with your kids!